

# Menus

**School:** Grundy County High School

**Academic Year:** 2024-25

**Meal:** All

**Month:** October 2024

October				
M	Tu	W	Th	F
30	<p><b>1</b></p> <p><b>Breakfast:</b> French Toast Sticks, Syrup, Sausage, Apple Juice, Fruit &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Chicken Tenders, Mashed Potatoes w/gravy, Green Beans, Bread w/ margarine, Fruit &amp; Chocolate or White Milk</p>	<p><b>2</b></p> <p><b>Breakfast:</b> Buttered Toast, Egg Patty, Hashbrown, Grape Juice, Fruit &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Spaghetti with Meat Sauce, Bread Stick, Lettuce Salad, Black Beans, Fruit &amp; Chocolate or White Milk</p>	<p><b>3</b></p> <p><b>Breakfast:</b> Granola Bar, Fruit/Yogurt Parfait, Fruit Punch Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Alaskan Pollock Fish Sticks, Mac &amp; Cheese, Corn, Fruit &amp; Chocolate or White Milk</p>	<p><b>4</b></p> <p><b>Breakfast:</b> Breakfast Pizza, Orange Tangerine Juice, Fruit &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Hot Sub Sandwich, Sun Chips, Carrots &amp; Celery w/ Dip, Fruit &amp; Chocolate or White Milk</p>
7	<p><b>8</b></p> <p><b>Breakfast:</b> Cinnamon Toast, Sausage, Fruit, Apple Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Chicken &amp; Noodles, Bread w/ Margarine, Candied Carrots, Mashed Potatoes, Fruit &amp; Chocolate or White Milk</p>	<p><b>9</b></p> <p><b>Breakfast:</b> Smoothie, Banana Chocolate Chip Muffin, Grape Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Grilled Ham &amp; Cheese, Sweet Potato Bake, Green Beans, Fruit &amp; Chocolate or White Milk</p>	<p><b>10</b></p> <p><b>Breakfast:</b> Toast, Hashbrown, Egg Patty, Fruit, Fruit Punch Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Taco Salad w/ Tortilla Chips. Spanish Rice, Fruit, No Bake Cookie &amp; Chocolate or White Milk</p>	<p><b>11</b></p> <p><b>Breakfast:</b> Breakfast Pizza, Fruit, Orange Tangerine Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Big Cheeseburger, Baked Beans, Mac &amp; Cheese, Fruit &amp; Chocolate or White Milk</p>
14	<p><b>15</b></p> <p><b>Breakfast:</b> French Toast Sticks, Sausage, Fruit, Apple Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Tater Tot Casserole, Bread w/ Margarine, Mixed Vegetables, Fruit &amp; Chocolate or White Milk</p>	<p><b>16</b></p> <p><b>Breakfast:</b> Granola Bar, Fruit/Yogurt Parfait, Grape Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Sweet &amp; Sour Chicken, Rice, Cooked Carrots, Corn, Fruit &amp; Chocolate or White Milk</p>	<p><b>17</b></p> <p><b>Breakfast:</b> Buttered Toast, Egg Patty, Fruit, Fruit Punch Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Frito Pie, Lettuce Salad, Refried Beans, Fruit &amp; Chocolate or White Milk</p>	<p><b>18</b></p> <p><b>Breakfast:</b> Biscuits, Sausage Gravy, Fruit, Orange Tangerine Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Hot Sub Sandwich, Sun Chips, Veggie Cruncher Bowl (Carrots, Zucchini Sticks), Fruit &amp; Chocolate or White Milk</p>
21	<p><b>22</b></p> <p><b>Breakfast:</b> Cinnamon Toast, Sausage, Fruit, Apple Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Pizza Burger on a Roll, Corn, Seasoned Beans, Fruit &amp; Chocolate or White Milk</p>	<p><b>23</b></p> <p><b>Breakfast:</b> Smoothie, Hot Chocolate Muffin, Grape Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Chicken Tender Salad, Bread w/ Margarine, Fruit &amp; Chocolate or White Milk</p>	<p><b>24</b></p> <p><b>Breakfast:</b> Breakfast Pizza, Fruit, Fruit Punch Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Chili w/ Crackers, Veggie Cruncher Bowl(Carrots, Cucumbers, Celery), Cinnamon Streusel Coffee Cake, Fruit &amp; Chocolate or White Milk</p>	<p><b>25</b></p> <p><b>Breakfast:</b> Biscuits, Sausage Gravy, Fruit, Orange Tangerine Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Chicken Nachos, Seasoned Rice, Cole Slaw, Fruit &amp; Chocolate or White Milk</p>

28	<p><b>29</b></p> <p><b>Breakfast:</b> Toast w/ Jelly, Egg Patty, Fruit, Apple Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Big Cheeseburger, Sweet Potato Fries, Corn, Fruit &amp; Chocolate or White Milk</p>	<p><b>30</b></p> <p><b>Breakfast:</b> Breakfast Burrito, Salsa, Fruit, Grape Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Chicken Tenders, Mashed Potatoes w/ Gravy, Green Beans, Bread w/ Margarine, Fruit &amp; Chocolate or White Milk</p>	<p><b>31</b></p> <p><b>Breakfast:</b> Zombie Smoothie, Granola Bar, Fruit Punch Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Pizza Grilled Cheese w/ Marinara Sauce, Veggie Cruncher Bowl( Carrots, Celery) Corn, Grapes &amp; Chocolate or White Milk</p>	<p><b>1</b></p> <p><b>Breakfast:</b> Biscuits, Sausage Gravy, Fruit, Orange Tangerine Juice &amp; Chocolate or White Milk</p> <p><b>Lunch:</b> Chicken Quesadilla, Spanish Rice, Black Beans, Lettuce Salad, Fruit &amp; Chocolate or White Milk</p>
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