

## Grundy R-VMiddle School and High School Breakfast and Lunch Menu

September 2021

**\*FRUIT AND MILK SERVED WITH EVERY MEAL\*\***

\*\*this institution is an equal opportunity provider\*\*

Monday	Tuesday	Wednesday	Thursday	Friday
(	(	(1 B)Smoothie, Granola Bar, Juice L)Chicken Spaghetti, Breadstick, Lettuce Salad	(2 B)Pancakes w/ syrup, Sausage Links, Juice L)Meatloaf, Green Beans, Bread w/ Margarine, Mashed Potatoes w/ Gravy	(3 B)Loaded Hashbrown Breakfast Taco, Juice L)Turkey Frank on Bun, Nachos, Veggies w/ Ranch Dressing
(	(7 B)French toast Sticks w/ Syrup, Sausage Links, Cheese Stick, Juice L)Frito Pie, Lettuce Salad, Pudding w/ Grahams	(8 B)Breakfast Paco, Juice L)chicken Tenders, Bread w/Margarine, Mashed Potatoes w/ Gravy, Green Beans	(9 B)Smoothie, Muffin, Juice L)Tuna noodle Casserole, Peas, Bread w/Margarine	(10 B)Breakfast Pizza, Juice L)Grilled Chicken Sandwich Lettuce, Tomato, Sweet Potato Waffle Fries, Corn
(	(14 B)Toast w/ Jelly, Egg Patty, Juice L)Tater Tot Casserole, Bread w/Margarine, Green Beans	(15 B)Smoothie, Granola Bar, Juice L)Mini Corn Dogs, Mac & Cheese, Broccoli	(16 B)Pancakes w/ Syrup, Sausage Links, Juice L)Chicken & Rice, Cooked Carrots, Bread w/ Margarine, Cookie Bar	(17 B)Loaded Hashbrown Taco, Juice L)Hamburger on Bun, Cheese slice, Dill Pickle Slices, French Fries, Baked Beans
(	(21 B)French Toast Sticks w/ Syrup, Sausage Links, Cheese Stick, Juice L)Pig In A Blanket, Broccoli, Mac & Cheese	(22 B)Breakfast Paco, Juice L)Breaded Fish Fillet, Bread w/ Bread Slice, Mixed Vegetables, Hush Puppies	(23 B)Smoothie, Muffin, Juice L)Beef Enchiladas, spanish Rice, Refried Beans, Lettuce Salad	(24 B) Breakfast Pizza, Juice L)Deli Turkey Wrap, Veggie Crunch Bowl, Chips, No Bake Cookie
(	(28 B)Toast w/ Jelly, Egg Patty, Juice L)Sloppy Joe on Bun, Dill Pickle Slices, Baked Beans, Tater Tots, Cookie Bar	(29 B)Smoothie, Granola Bar, Juice L)Chicken Tenders, Mashed Potatoes w/ Gravy, Green Beans, Bread w/Margarine	(30 B)Pancakes w/ Syrup, Sausage Links, juice L) Tacos, Lettuce Salad, Refried Beans, Pudding w/ Grahams	(